

Awa Press

NEW
BOOKS
2013 / 2014

+ SELECTED
BACKLIST



“A small but passionate enterprise, producing non-fiction that is creative, imaginative, daring and accomplished”

Unity Books Wellington

Where can you buy Awa Press books?

Print Books: Awa Press books are stocked by all truly good bookstores, and many other stores. For example, our cycling books are on sale in bike stores, our wine books at winery cellar doors, and our art books in art gallery stores. If the book you're looking for is out of stock, refer the store assistant to the distributor's contact details on the back cover of this catalogue. They will be able to order it for you.

You can also buy Awa Press books at many online bookstores, and at awapress.com, where delivery is virtually guaranteed in 1–4 days (New Zealand) and 4–10 days (overseas).

Ebooks: Awa Press ebooks are available at all major online retailers, including Amazon, Kobo, Nook and iBooks. You can go direct – or click through from the book's page at awapress.com.

Special Sales: Awa Press books may be purchased for corporate gifts and special promotions at discount rates. For information, contact sales@awapress.com, or phone +64 (4) 471-1834.

All prices in this catalogue are in New Zealand dollars. Overseas prices may vary by retailer.

Current affairs

On November 19, 2010, New Zealand experienced one of its worst mining tragedies when the Pike River Mine exploded, followed by a second explosion five days later. Twenty-nine men died. It was not the largest death toll – 34 had died in Kaitangata Mine, 65 in Brunner Mine, and 43 in Ralph's Mine. But those disasters happened in 1879, 1896 and 1914 respectively. What made Pike River so shocking was that this was a 21st-century mine, built with modern scientific and engineering expertise, and supposedly subject to rigorous safety standards. But was it? Rebecca Macfie uncovers disturbing facts in *Tragedy at Pike River Mine*.

By a strange coincidence, it was also the death of 29 men – on a Taiwanese fishing boat – that set journalist Michael Field on a quest to find out what was happening on board foreign-flagged fishing vessels in the Pacific. Rumours swirled of appalling pay, dangerous conditions, and physical, even sexual, assault on hapless crews. Field's research led to headline stories and national outrage. Find out why you should eschew 'Chilean sea bass' – real name Antarctic toothfish – in his unforgettable book *The Catch*.

Meanwhile, in *The Devouring Dragon*, China resident Craig Simons reveals what that country's rapid economic rise and adoption of Western lifestyles is doing to the planet's natural environment, from forests and oceans to air and wildlife. China is raising millions of its people out of poverty, but is the global price too high? Shouldn't we all be changing the way we live?

At Awa Press we've made a start. Our books are now printed on paper from certified sustainable forests, and almost all – including new releases – are also available as ebooks. Read, enjoy.

Mary Varnham, Publisher

Craig Simons

The Devouring Dragon

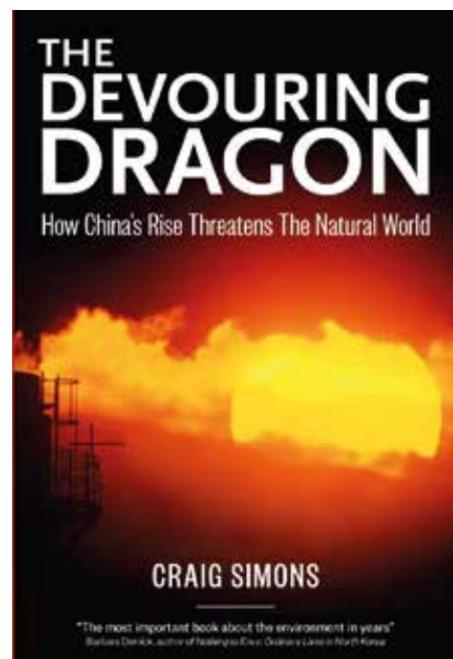
How China's Rise Threatens the Natural World

Craig Simons has reported on the environment from a dozen Asian nations for *Newsweek* and Cox Newspapers.

He has also written for *Outside*, *Backpacker*, *The New York Times*, and *The Wall Street Journal*. A former Peace Corps China volunteer, he studied at Harvard University, the University of Pennsylvania, and – as a 2012 Knight Science Journalism Fellow – the Massachusetts Institute of Technology. He lives in Beijing.



The horrifying pollution within China is well known. Not so well known is the environmental impact of China's rapid economic growth on the rest of the planet. In this brilliant book, Craig Simons visits many of the places, people and communities around the world affected by China's insatiable demand for resources, and produces an important, unforgettable report. In countries from Brazil to the Congo, he finds vast forests being felled to meet China's demand for hardwood, soybeans and palm oil. In New Guinea, home to some of the planet's rarest birds and most ancient rain forests, he finds widespread illegal felling. In India he discovers tigers pushed to the verge of extinction to supply body parts for Chinese medicine; the same is happening to elephants in Africa. In Australia, he finds farms suffering endemic drought caused by climate change: China is now the world's top emitter of greenhouse gases.



"The most important book about the environment in years!"
Barbara Demick, author of *Holding Up Heaven: Ordinary Lives in North Korea*

"Adroitly blends science and theory with personal stories and on-the-road reportage" **JONATHAN WATTS**, author of *When a Billion Chinese Jump*

Available now

RRP \$36 paperback
RRP \$18 ebook
includes index
print 978-1-877551-88-8
epub 978-1-877551-96-3
mobi 978-1-877551-97-0

Rebecca Macfie

Tragedy at Pike River Mine

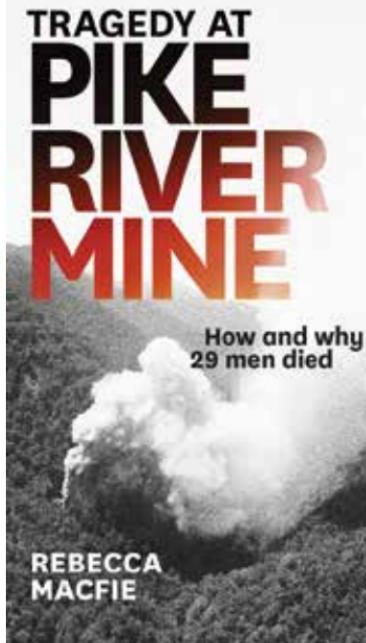
How and Why 29 Men Died

Rebecca Macfie is a senior writer with *New Zealand Listener*, and has been deputy editor of *Canvas* magazine of *The New Zealand Herald* and editor of *Unlimited*. A multiple award-winner, she has written extensively for *The Independent Business Weekly* and *National Business Review* and has 24 years' experience in journalism.



On a sunny November afternoon in 2010, a massive explosion rocked an underground coal mine deep in the West Coast's Paparoa Range. Later that day two ashen men stumbled from the entrance. Twenty-nine men remained unaccounted for. Initial probes revealed high methane levels – conditions deemed unsurvivable for the trapped men – but it was only after a second blast five days later that all hope was extinguished.

Tragedy at Pike River Mine is a powerful investigation into a disaster that should never have happened, the dramatic political and legal fallout, and the effects on a small community. It reveals an appalling string of mistakes, from consent being given for the mine in the first place to pressure to ignore safety measures; it tells the human stories behind the tragedy, and provides penetrating insight into who's to blame.



"No one ever doubted the potential or importance of Pike's coal. It was a massive accumulation of untapped energy, cooked over 45 million years from a thick mire of peat."

November 2013
RRP \$40 paperback
RRP \$20 ebook
includes index & colour photographs
print 978-1-877551-90-1
epub 978-1-877551-94-9
mobi 978-1-877551-95-6

Michael Field

The Catch

How Fishing Companies Reinvented Slavery and Plunder the Oceans

Michael Field is a senior journalist for Fairfax Media and a commentator on Pacific affairs for Radio New Zealand. He is the author of *Swimming with Sharks: Tales from the South Pacific Frontline*, *Black Saturday: Killings in Samoa*, and *Speight of Violence: Inside Fiji's 2000 Coup*.



On November 9, 2008, near Kiribati in the Pacific, a Korean ship came alongside *Tai Ching 21*. The Taiwan-flagged fishing boat was eerily silent. Three life rafts were missing, and all 29 of the Taiwanese officers and Chinese, Indonesian and Filipino crew. A quest to discover the men's identities led journalist Michael Field into a dark world of foreign-flagged vessels fishing the waters of New Zealand, other Pacific nations, and the Southern Ocean. He uncovered brutality, misery, death, and impending ecological disaster. With researchers from University of Auckland, he forced the New Zealand government to take action – but with huge money at stake the plunder and appalling working conditions continue. More and more boats risk lives and environmental degradation heading south to catch toothfish, most of it destined for New York restaurants and Las Vegas casino hotels.



A searing exposé of slavery and over-fishing on the high seas

February 2014

RRP \$40 paperback

RRP \$20 ebook

includes index & colour photographs

print 978-1-927249-02-4

epub 978-1-927249-03-1

mobi 978-1-927249-04-8

Jane Bowron

Old Bucky & Me

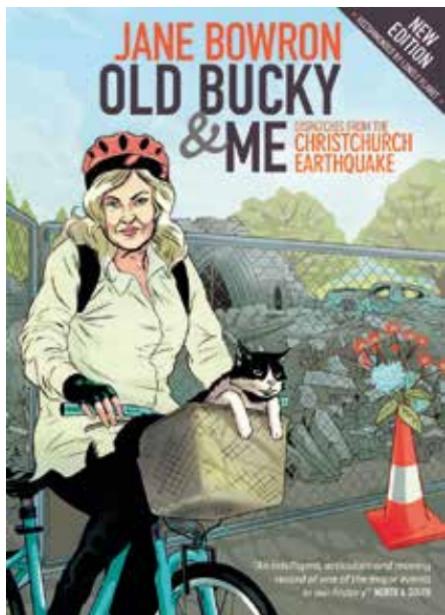
Dispatches from the Christchurch Earthquake

Jane Bowron is a freelance journalist based in Christchurch, a columnist for *The Dominion Post* and *The Press*, and a television critic for *The Dominion Post*. Her extensive career includes feature writing for *The Sunday Star-Times*, and television reviewing for *The Evening Post*, *The Sunday Star-Times*, Radio New Zealand's *Nine to Noon*, Radio Live, and NewstalkZB.



On February 22, 2011, journalist Jane Bowron was living near the centre of Christchurch when the city was struck by a massive earthquake. Buildings tore apart and crashed to the ground. Many people were killed instantly. Others were trapped in rubble and raging fires. Suburbs, too, were decimated as houses shook to bits, hillsides collapsed, and the ground liquefied.

As the historic city lay in ruins Bowron called her newspaper and delivered a moving account of the scene around her. For the next 12 months she continued to send dispatches, as she and everyone else in the shattered city struggled to cope with their grief, loss and new reality. Intimate, honest and suffused with unexpected humour, Bowron's book is a rare account of how human beings can overcome even the most terrible of tragedies in the most ordinary of ways.



"Recommended" Lonely Planet

"Wry, witty and wonderfully observant"
GUY SOMERSET, *New Zealand Listener*

Available now

RRP \$33 paperback
RRP \$16.50 ebook
includes colour photographs
print 978-1-877551-40-6
epub 978-1-877551-45-1
mobi 978-1-877551-46-8

MaryJane Thomson

Sarah Vaughan Is Not My Mother

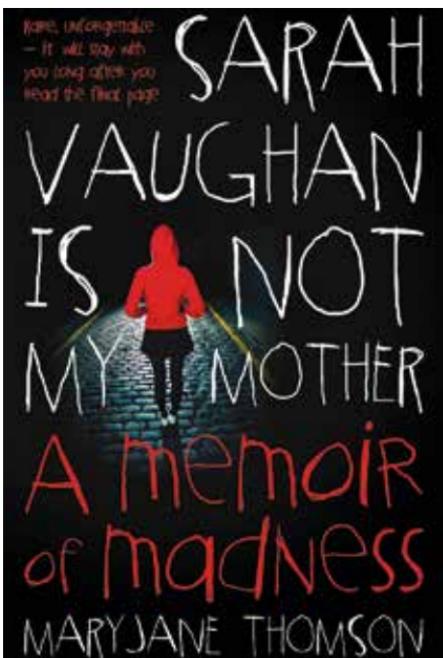
A Memoir of Madness

MaryJane Thomson lives in Wellington, where she is a writer, artist, poet and photographer. *Sarah Vaughan Is Not My Mother* is her first book.



At 19 MaryJane Thomson seemed to have it all. Intelligent, creative and beautiful, she was destined for a bright future. But inside her head a nightmare of delusions and hallucinations had begun to unfold. Driven by her demons, she dropped out of university, turned to drugs, and spent years in and out of psych wards, police cells, drug hangouts, and on the streets. In this heartbreakingly hopeful memoir of her life, Thomson, at the age of 26, takes you inside her world of schizoaffective and bipolar disorders, and vividly describes what it is like to live with voices in your head, to lose your freedom, and to despair of ever being well again.

In her words: "For all that is said about people thinking they are Jesus or the true Messiah, when you have a mental illness you can't fathom there's an illness in your head, not God giving you special powers... Because what you believe is so unbelievable, you start covering it up."



"I was stunned when I read this book ... a compelling triumph, heart-wrenching and enlightening" **ALAN DUFF**, author of *Once Were Warriors*

Available now

RRP \$35 paperback
RRP \$17.50 ebook
print 978-1-877551-80-2
epub 978-1-877551-81-9
mobi 978-1-877551-82-6

MaryJane Thomson

Bunny

How It Began

**“Thomson’s voice is distinctive...
She uses it to take you inside her hallucinatory
psychotic world for pages at a time so you
start to experience her reality”**

PAUL LITTLE, *North & South*

There have been many books written about madness and mental illness, but surely none as extraordinary as the story of MaryJane Thomson. The prequel to *Sarah Vaughan is Not My Mother*, Thomson's much-lauded first book, *Bunny* tells the story of how the aspiring university student ended one life and began a new one, in thrall to drug dealers, ill-chosen flatmates, ruthless strip-club owners, criminal gang members ... and an unethical lawyer who took advantage of her confused mental state to turn her into a virtual sex slave. She reveals with painful honesty the efforts her desperate parents made to keep her out of psych wards and get her help, only to see her disappear off the radar time and again. With an estimated one out of ten young people suffering some form of mental disturbance, this book is an illuminating read for parents, young people, doctors, mental health professionals and lovers of true stories stranger than fiction.



March 2014

RRP \$35 paperback
RRP \$17.50 ebook
print 978-1-927249-07-9
epub 978-1-927249-08-6
mobi 978-1-927249-09-3

Lauren Earl Flatter's Survival Guide

Lauren Earl is a New Zealand designer specialising in typography, graphics and illustration. She was inspired to produce *Flatter's Survival Guide* after five years of highs and lows in a range of flatting situations: five women in a one-bedroom flat; seven men and two women in a seven-bedroom flat; two women in a two-bedroom flat. Lauren survived it all and this is her first book.



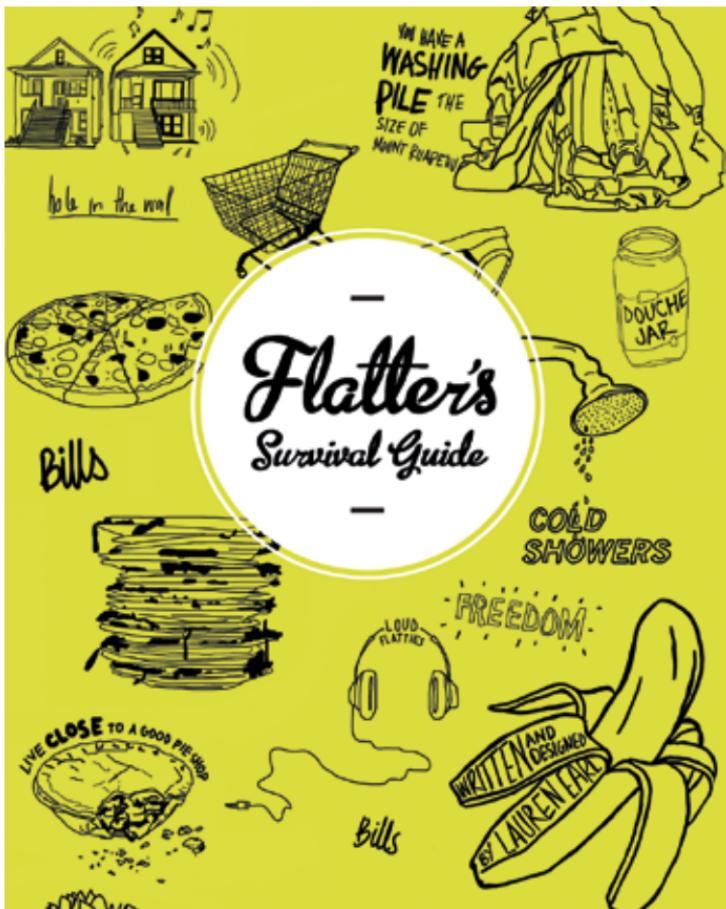
This colourful hardback is the perfect gift for flatters – a winning combination of practical information and hilarious insights, brought to life with stunning illustrations and design from talented newcomer Lauren Earl. It's packed with indispensable advice on finding a flat, living with others, ironing out differences, and thorny issues such as finances and rental agreements.

Each year, thousands of young New Zealanders embark on the great flatting adventure. For many it signals the start of one of the most exciting, liberated times in their lives. For others, chaos and recklessness reign, resulting in gargantuan overdrafts and student loans, malnourishment, and inappropriate interpersonal relations. As appealing as this sounds, there are serious downsides to flatting failures – neglect of study or work, crises of confidence, abject misery and – in the worst case scenario – return to the parental fold. This book is designed to prevent these misfortunes and more.



October 2013

RRP \$40 hardback
colour illustrations throughout
print 978-1-877551-89-5



“I cook using the four food groups:
canned, frozen, bagged, boxed”
Male, 23, Wellington

Scott Kennedy and John Saker

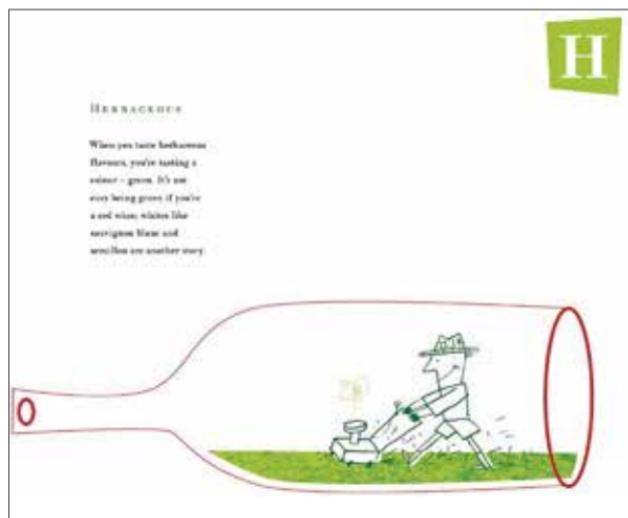
Vinacular

A Wine Lover's A-Z

Discover what the angel does with her share, how to spot noble rot and what it means to engage in pigeage in this wondrous guide to wine lingo. With its charming illustrations and vibrant sense of fun, *Vinacular* is the perfect gift for wine lovers everywhere.

"Gorgeous quirky little drawings ... that capture so succinctly equally well-worded snippets of wine trivia"

MICHAEL COOPER,
New Zealand Listener



Scott Kennedy is an artist and illustrator whose captivating work appears in books, magazines and newspapers in New Zealand, Australia, Canada and the United States.



John Saker is wine columnist for *Cuisine* and *The Sunday Star-Times*, and author of Awa Press's popular *How to Drink a Glass of Wine*.

Available now
RRP \$25 hardback
colour illustrations throughout
print 978-1-877551-61-1

Anne Else

The Colour of Food

A Memoir of Life, Love and Dinner

Anne Else is a writer and editor, the author or co-author of five books on women and social history, and a keen cook and gourmande. In 2004 she was made a Member of the New Zealand Order of Merit for services to literature. Read Anne Else's blogs at Something Else to Eat (on food) and Elsewoman (on her life). Visit her on Facebook: Anne Else Food Memoir.



When Anne Else married at 19, although she'd grown up above a grocery shop she'd never cooked a meal. Despite a shaky start she went on to become an enthusiastic cook – with a little help from Nancy Spain, Katharine Whitehorn, Elizabeth David, and the Duchess of Windsor ("Watch out. If you don't take care you may serve an entire meal pinkish mauve, from lobster bisque to sherbet.")

In this captivating take-you-there memoir, Else tells of her life, from marriage and motherhood to becoming a feminist, divorcing and remarrying, finding her birth mother, the heartbreak loss of family members, and in her sixties forging a lively community of new friends through her food blog. Delicious recipes from every era of her cooking career are included.

Within a week of release, this book rocketed to number one spot on Amazon's ebook food memoirs' bestseller list.

"I love this enchanting book. Anne Else's poignant story shines a light on how food is intertwined with the joys and sorrows of everyday life" **LOIS DAISH**

THE COLOUR OF **FOOD**

a memoir of life, love & dinner

ANNE ELSE



"I love this enchanting book. Anne Else's poignant story shines a light on how food is intertwined with the joys and sorrows of everyday life" — LOIS DAISH

Available now

RRP \$12 ebook
includes recipes
epub 978-1-877551-92-5
mobi 978-1-877551-93-2

Steve Braunias

Civilisation

Twenty Places on the Edge of the World

Steve Braunias has won nearly 30 journalism awards, the *Montana New Zealand Book Award*, fellowships to Oxford and Cambridge Universities, and the Buddle Findlay Sargeson Fellowship. He is editor-in-residence at Wintec School of Media Arts, Hamilton, writer for many primetime television series, and was a regular panellist on TVNZ7's book show *The Good Word*.



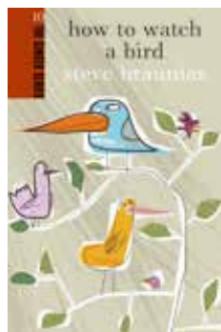
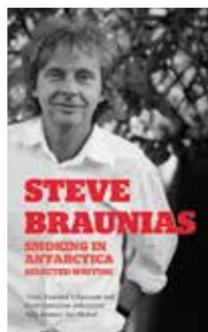
"Keenly attuned self-awareness and an acerbic wit underlie the gravity of Braunias's largely empathetic (and brutally honest) reflections on New Zealand."

Gillian Terzis, *The Australian*

Available now

RRP \$36 paperback
RRP \$18 ebook
print 978-1-877551-35-2
epub 978-1-877551-78-9
mobi 978-1-877551-79-6

Civilisation is Steve Braunias at his best: witty, savage, tender and effortlessly insightful, the scavenger of rich, sometimes disturbing stories of people and places at the margins of the known world. From Kawakawa in New Zealand's north to Mosgiel in the south, from the island of Samoa to the continent of Antarctica, he unveils the lives, loves, aspirations, and sometimes dark secrets of those who often live under the radar.

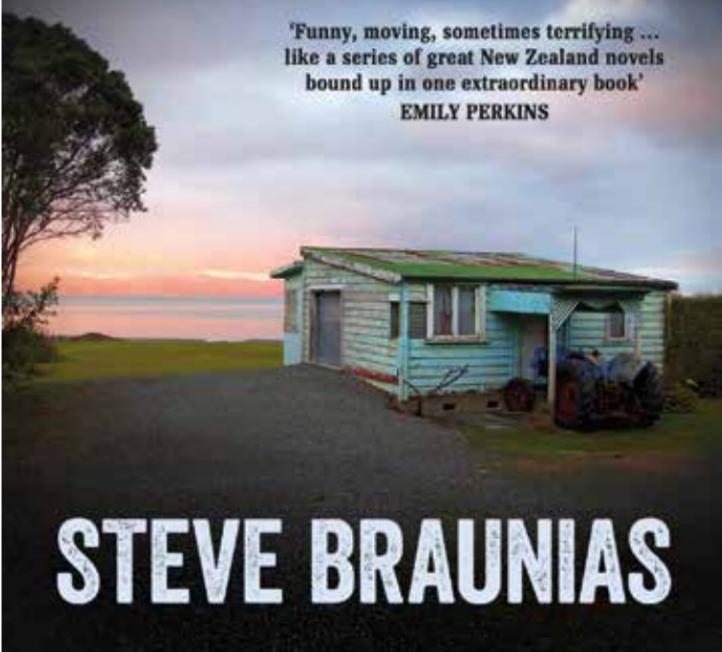


CIVILISATION

TWENTY PLACES ON THE EDGE OF THE WORLD

'Funny, moving, sometimes terrifying ...
like a series of great New Zealand novels
bound up in one extraordinary book'

EMILY PERKINS



STEVE BRAUNIAS

"Buy it for (almost) everyone you know"
LINDA BURGESS, *New Zealand Books*

Brian Gill

The Owl that Fell from the Sky

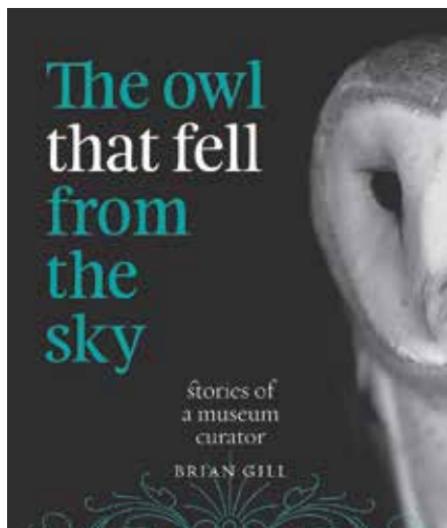
Stories of a Museum Curator

Brian Gill is curator of land vertebrates at Auckland Museum. He has researched New Zealand cuckoos, song birds and extinct birds, and carried out field surveys of reptiles and birds on Pacific islands. He is the author or co-author of *New Zealand's Unique Birds, The Kiwi and Other Flightless Birds* and *New Zealand Frogs and Reptiles*, and a recipient of the Ornithological Society of New Zealand's Robert Falla Memorial Award.



Mysterious amphibians, eggs of extinct birds, weird-looking snakes, stuffed mammals, tiny fragments of insects, unusual bones – the natural history collections of museums contain thousands of such specimens. Behind many lie true stories of adventure, exploration, human obsession, scientific quest and strange coincidence.

Brian Gill delves into the past to reveal the background of some fascinating objects in New Zealand museums. With engaging prose and quiet wit, he leads us behind the scenes into the curator's world, where a phone call from a member of the public can lead to an exciting scientific discovery, and the answer to a baffling mystery can come from a tiny clue.



"Captures the absolute delight of what it is to work in a museum" **LEO JOSEPH**, Director, Australian National Wildlife Collection

Available now

RRP \$35 paperback

RRP \$17.50 ebook

includes index & illustrations

print 978-1-877551-13-0

epub 978-1-877551-49-9

mobi 978-1-877551-50-5

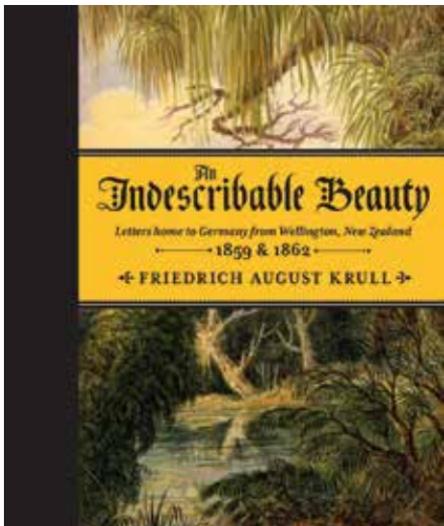
Friedrich August Krull

An Indescribable Beauty

Letters Home to Germany from Wellington, New Zealand, 1859 & 1862

Friedrich Krull was born in northern Germany in 1836, worked as a merchant in France, came to New Zealand in 1859, and lived there until his death in 1914. He married and had seven children, held office as a Wellington city councillor and member of the Wellington Harbour Board, and in 1871 was appointed Imperial German Consul by Kaiser Wilhelm I. His descendants are now scattered around the globe. His grandson, Eric Krull, was a naval officer at the D-Day Normandy landings.

January 1859. Twenty-two-year-old Friedrich Krull arrives in New Zealand on a Swedish ship, the *Equator*. A native of Mecklenburg, northern Germany, he is intelligent, curious, and possessed of an insatiable thirst for adventure. He begins travelling by foot and horseback around the hinterland beyond Wellington. He observes traditional Māori life and gains unprecedented access to Tamihana Te Rauparaha and Mātene Te Whiwhi, founders of the Māori King movement. He journeys with legendary chief Te Puni-Kokopu. He is enthralled by the natural beauty of his new homeland and dismayed at some of the rapid change he sees. All this he captures in letters home to his mother.

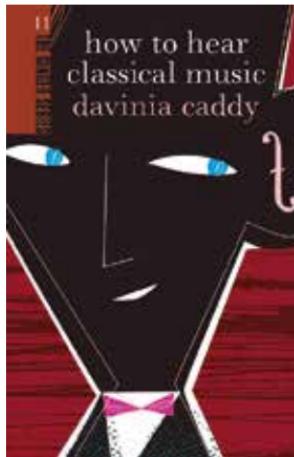
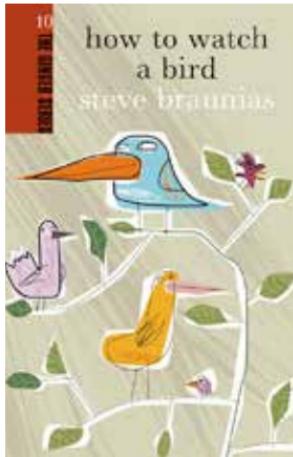
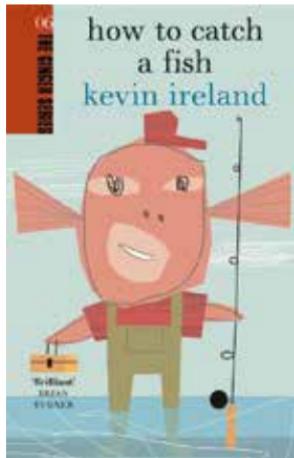
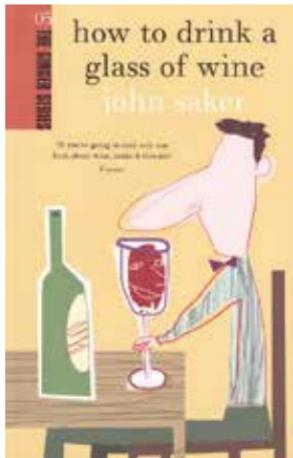
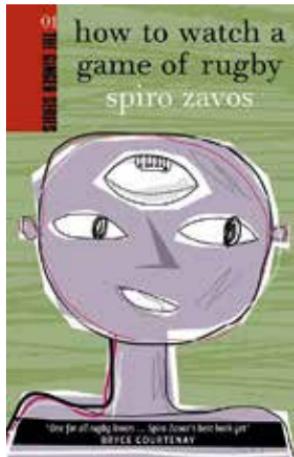


"Beautifully produced and illustrated, this is a gem"
GUY SOMERSET, New Zealand Listener

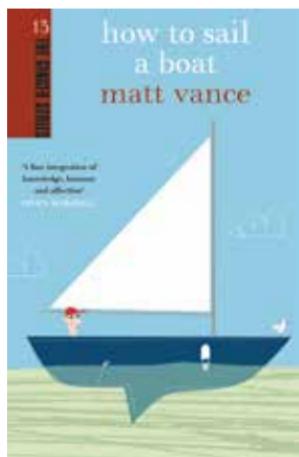
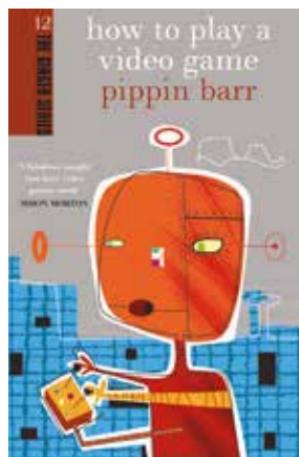
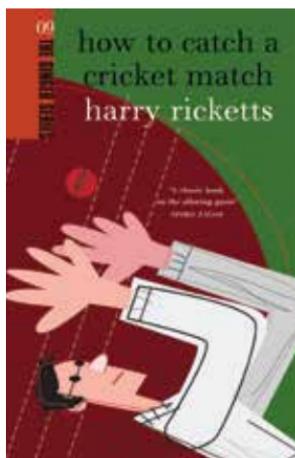
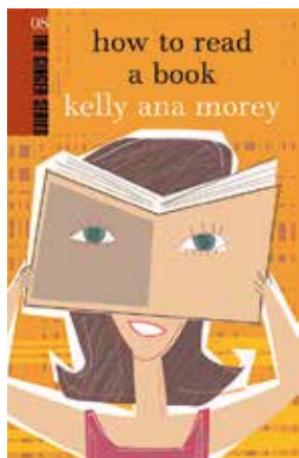
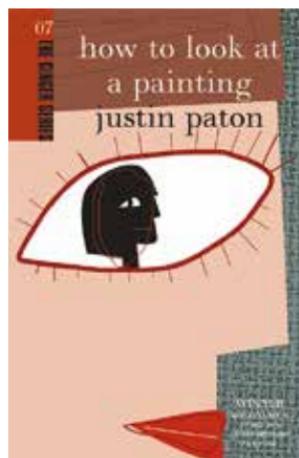
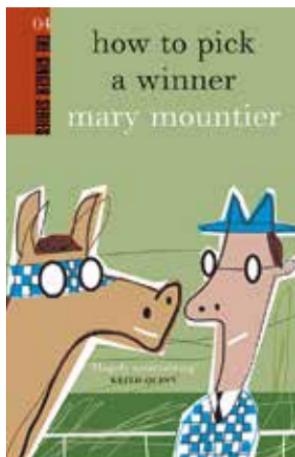
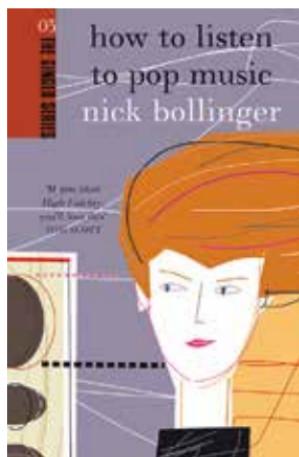
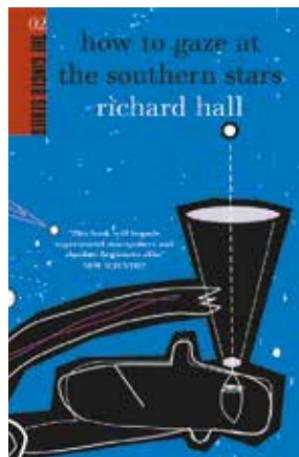
Available now

RRP \$38 quarterbound hardback
includes index & colour illustrations
print 978-1-877551-33-8

TAKE HOME A GINGER

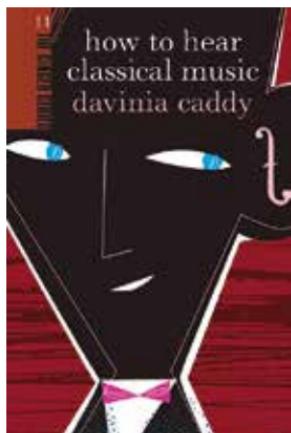


The Ginger Series
Paperback \$26
Ebook \$13
awapress.co.nz



AWA PRESS

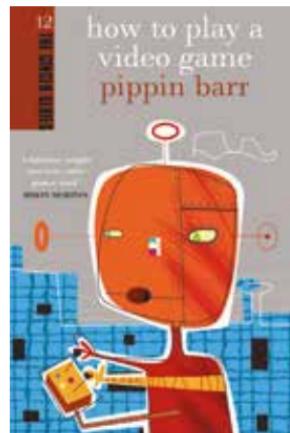
Proud
New Zealand
Publishing



Davinia Caddy How to Hear Classical Music

Ever wondered why most classical music concerts are such stuffy affairs? Had to bluff your way through classical music conversations? Tried and failed to get a handle on music by modern composers? Keen to convince teenagers that Mozart and Bach are cool dudes? Or just want an absorbing, provocative new take on music?

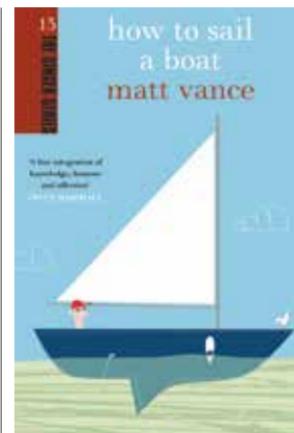
Davinia Caddy is senior lecturer at the University of Auckland's School of Music, where she teaches the history, theory and analysis of music. She is the author of *The Ballets Russes and Beyond: Music and Dance in Belle-époque Paris*.



Pippin Barr How to Play a Video Game

Unravel the stories behind video games, experience the emotions they arouse, delve into the issues that surround them and learn the techniques for playing them and why you should.

Pippin Barr is a video game maker and critic living in Sliema, Malta, where he teaches game design and programming. He has a PhD in Computer Science from Victoria University, has taught at the IT University of Copenhagen, and has presented academic work at major conferences. His video games address everything from airplane safety instructions to contemporary performance art.



Matt Vance How to Sail a Boat

To sail a boat, sailors will tell you, is a magical and sometimes mystical experience. You are free from the cares of life on land, entirely absorbed in the wonderful enterprise of moving a craft across the water. Matt Vance's stories and those of his fellow adventurers will captivate sailors young and old – and if you're a landlubber you may just find yourself yearning for the blue horizon.

Matt Vance is a New Zealand writer who specialises in sailing stories from the South Pacific and the Southern Ocean. His articles have appeared in *New Zealand Listener*, *Boating New Zealand* and *Wilderness*.

September 2013

RRP \$26 paperback
RRP \$13 ebook
print 978-1-877551-00-0
epub 978-1-877551-98-7
mobi 978-1-877551-99-4

Available now

RRP \$26 paperback
RRP \$13 ebook
print 978-1-877551-31-4
epub 978-1-877551-36-9
mobi 978-1-877551-37-6

Available now

RRP \$26 paperback
RRP \$13 ebook
print 978-1-877551-85-7
epub 978-1-877551-86-4
mobi 978-1-877551-87-1

Harry Ricketts (ed.)

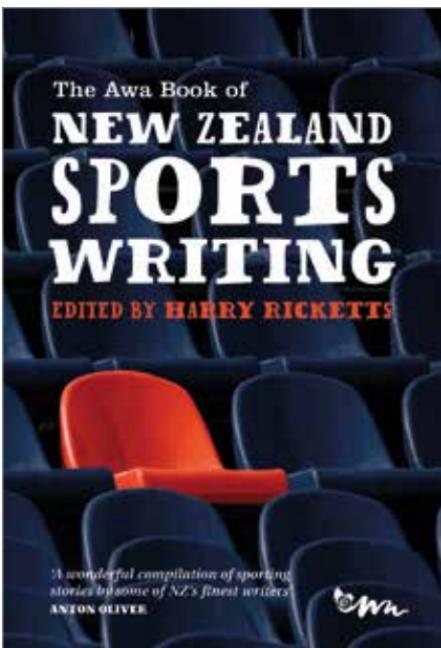
The Awa Book of New Zealand Sports Writing

Harry Ricketts teaches creative non-fiction and English at the Institute of Modern Letters, Victoria University, Wellington, and co-edits the journal *New Zealand Books*. His more than 25 published works include *How to Catch a Cricket Match*, *99 Ways into New Zealand Poetry*, *Strange Meetings: The Lives of the Poets of the Great War*, *The Unforgiving Minute: A Life of Rudyard Kipling*, *How to Live Elsewhere*, and nine collections of poems.



New Zealand is a nation of sports-lovers, as reflected in these 80 superb pieces of writing by acclaimed journalists, novelists, playwrights, poets, and sportsmen and sportswomen themselves. Editor Harry Ricketts takes a broad brush. The book ranges from surfing to cycling, angling to archery, running to rugby ... from the joy of the victors to the tears of the vanquished ... the roar of the crowd to the solitary moment. This is a book of endless pleasure, an exceptional gift for sports-lovers, and for people who love exciting and often electrifying writing.

Notable contributors include Lloyd Jones, Kate de Goldi, Spiro Zavos, Witi Ihimaera, Patricia Grace, Steve Braunias, Martin Crowe, Edmund Hillary, Brian Turner, Maurice Gee, Pauline O'Regan, Roger Hall, Chris Laidlaw, Richard Boock, John Saker, Greg McGee, Naomi James, Freda du Faur and C.K. Stead.



"From such breadth and depth comes substance, richness, the possibility of gems to discover or find anew" **PHIL TAYLOR**, *New Zealand Herald*

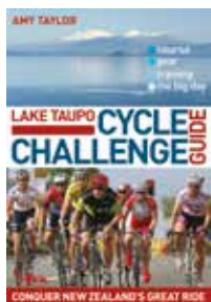
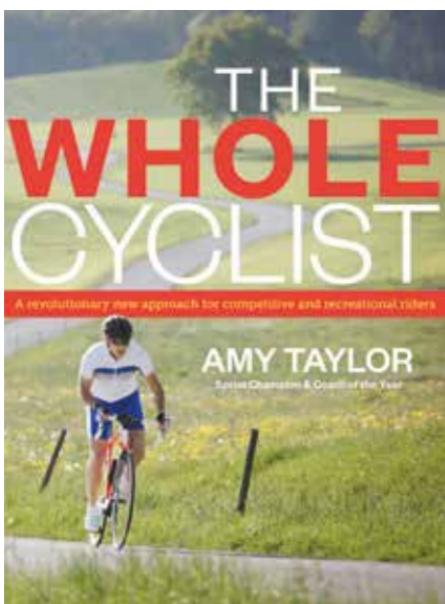
Available now
RRP \$40 paperback
includes index
print 978-0-958-2916-2-0

Amy Taylor The Whole Cyclist

Amy Taylor is development manager at BikeNZ and a former Cycling New Zealand Federation Coach of the Year. She has competed in major cycling events and coached several world champions. In 2005 she was North Island track sprint champion, and in 2006 and 2008 held SPARC coaching scholarships. She was senior coach education officer for British Cycling in 2009–10. She is the author of *Lake Taupo Cycle Challenge Guide*.



The Whole Cyclist is for athletes who want to push themselves further, train harder, ride better, and enjoy cycling to the max. Taylor's innovative and successful approach focuses not just on the development of effective techniques, skills and physical training, but on the importance of developing mental and emotional strength, and living a happy, healthy lifestyle. Easy to read and packed with useful information, this book is of great benefit to cyclists of all grades.



“Like a jigsaw, you can create your perfect ride by methodically fine-tuning your routine, one week at a time.”

Available 2014
RRP \$35 paperback
includes index & colour photographs
print 978-1-877551-14-7

Alastair Smith

Everyday Cycling in Aotearoa New Zealand

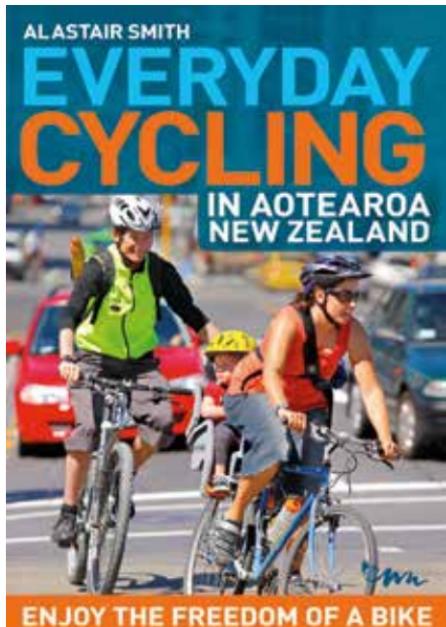
Alastair Smith has cycle-commuted for most of his working life in Chicago, London and New Zealand, and has ridden for recreation and exploration in numerous countries, from the Arctic Circle to Easter Island. He is a leading advocate for Cycle Aware and a trustee of the Great Harbour Way Te Aranui o Pōneke, a continuous cycleway and walkway in development around Te Whanganui-a-Tara, Wellington Harbour.



The benefits of cycling are huge. Riding a bike saves you money and gets you places fast. You feel fitter, healthier and less stressed. And you help make your community a cleaner, friendlier place to live. No wonder so many New Zealanders are getting out of cars and on to bikes – for commuting to work and for sheer pleasure. If you want to start cycling regularly, or more often, this book is for you.

You'll discover how to:

- select a new bike, or improve your old one
- choose good accessories
- gain safe, efficient cycling skills
- manoeuvre through traffic
- carry loads well
- handle bad weather and tough terrain
- deal with problems such as flat tyres
- introduce your children to safe cycling.



The road-tested handbook for enjoyable, safe cycling in towns and cities.

Available now

RRP \$35 paperback
includes index & colour illustrations
print 978-1-877551-01-7

Rebecca Priestley (ed.)

Naked Antarctica

The Awa Book of Antarctic Science

Rebecca Priestley is a science writer and historian, a senior lecturer in the Science in Context Group, Victoria University of Wellington, and science columnist for *New Zealand Listener*. Her landmark anthology *The Awa Book of New Zealand Science* won the 2009 Royal Society of New Zealand Science Book of the Year Prize. In 2012 she published *Mad on Radium: New Zealand in the Atomic Age*, a history of the now ‘nuclear-free’ country’s past love affair with all things atomic.



Since 1839, when James Clark Ross and his expedition began charting the coastline of Antarctica, Earth's last great untrammeled wilderness has exerted an irresistible pull on scientists. This enthralling anthology – 50 riveting scientific writings on Antarctica – unveils the numerous discoveries that have been made, and continue to be made, on myriad subjects, from ocean creatures and their survival in the harsh conditions, to atmospheric changes that affect the future of our planet.

The stories also illuminate the quirks and passions that, for 175 years, have driven scientists to work, and sometimes risk their lives, in this most inhospitable of environments.



By the author of
The Awa Book of Science.

“Priestley is doing much to raise the profile of science ... this is an engaging collection” **MARGO WHITE**,
New Zealand Geographic

July 2014

RRP \$50 hardback with jacket
includes index & illustrations
print 978-1-927249-05-5

Peter Carey & Craig Franklin

Antarctica Cruising Guide

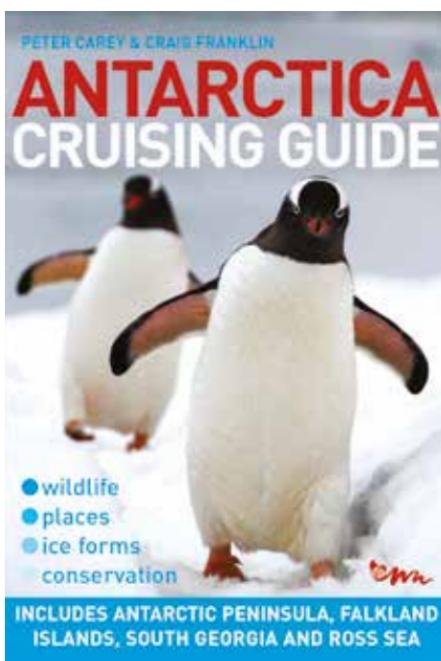
Includes Falkland Islands, South Georgia and Ross Sea

The ultimate book for the ultimate journey, and an Antarctica best-seller on Amazon and in travel bookstores, *Antarctica Cruising Guide* is available both in print and as an eBook for tablet or smartphone. Whether you have booked your Antarctica visit or are still dreaming of it, this beautiful field guide will lead you into a magic, untouched world. It covers everything from landing places, penguins, sea birds, whales, seals and insects, to plants, geology and Antarctic history. The authors are Antarctic tour guides, zoologists and passionate conservationists.



**"Some of
the best
photographs
of Antarctic
wildlife
I have seen"
T.R.D GRADE,
Polar Record**

**"A gorgeous
book with
all you ever
wanted to
know about
Earth's most
unusual and
inspiring
destination"
Destinations
Magazine**



Available now

RRP \$40 paperback

RRP \$20 ebook

includes index, photographs & maps

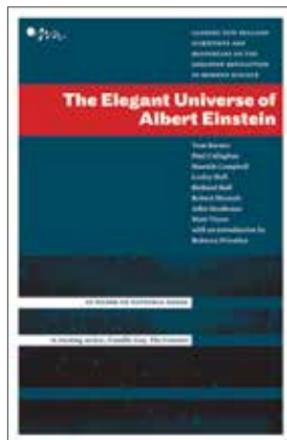
print 978-0-9582916-3-7

ebook 978-1-877551-59-8

Peter Carey, a zoologist, has made more than 80 trips to Antarctica and has worked as a lecturer and expedition leader on many Antarctic cruise ships. He is also director of conservation organisation SAFER – Subantarctic Foundation for Ecosystems Research.



Craig Franklin is professor in zoology and head of the Eco-Lab at the University of Queensland. He has made over 30 trips to Antarctica and published more than 180 scientific articles, including papers in the journals *Nature* and *Science*.



Tom Barnes et al.

Introduction by Rebecca Priestley

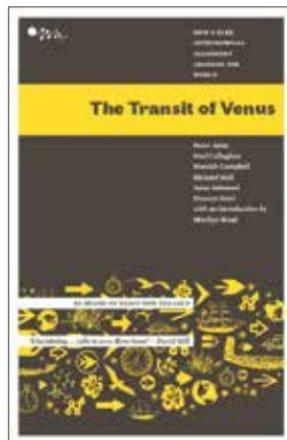
The Elegant Universe of Albert Einstein

Leading New Zealand scientists and historians on the greatest revolution in modern science

“The most elegant popular science writing I have ever read – even brought a tear to my eye!”
WARWICK BOWEN,
New Zealand Education Review

Available now

RRP \$25 paperback
includes index & illustrations
print 978-0-9582629-2-7



Peter Adds et al.

Introduction by Marilyn Head

The Transit of Venus

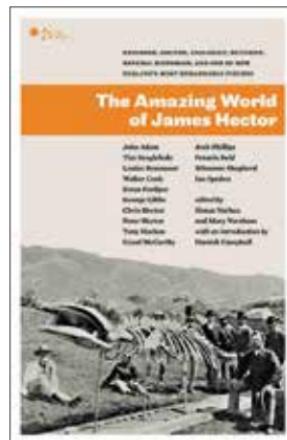
How a rare astronomical alignment changed the world

*Shortlisted for
Montana New Zealand
Book Award*

“Recounts a story of stellar pursuit with all the tension and release of good fiction”
SABINA DOSANI, Metro

Available now

RRP \$25 paperback
includes index & illustrations
print 978-0-9582629-7-2



John Adam et al.

Introduction by Hamish Campbell

The Amazing World of James Hector

Explorer, geologist, botanist, natural historian, surgeon – and one of New Zealand science’s most remarkable figures

“A remarkable volume ... he was an extraordinary man and this is a fine tribute” **MICHAEL CORBALLIS, Metro**

Available now

RRP \$25 paperback
includes index & illustrations
print 978-0-9582750-7-1

Gillian Turner North Pole, South Pole

The Epic Quest to Solve the Great Mystery of Earth's Magnetism

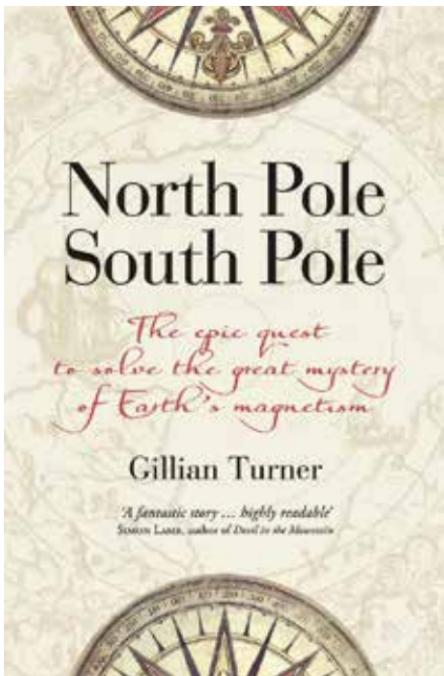
Gillian Turner is a lecturer in the School of Chemical and Physical Sciences, Victoria University, Wellington. She is a graduate of Cambridge and Edinburgh Universities and holds a PhD in geophysics. Since 2012 she has headed a team of scientists studying changes in the Earth's magnetic field, gathering data from volcanic rocks, lake and marine sediments, pieces of old pottery, and ancient hangi stones at undisturbed pits around New Zealand.



It's 1995 and two American scientists are poised to unlock an enigma: the source of Earth's magnetic field. Without this invisible barrier all life would be impossible, wiped out by the violent onslaught of the solar wind and cosmic rays. But what causes magnetism? For centuries the question has absorbed the world's greatest scientific minds; Albert Einstein called it one of the last great unsolved mysteries of physics. Now, using a powerful new supercomputer, these scientists will attempt to completely reproduce Earth's magnetic field. Their results will stun the scientific community.

This page-turning book tells the whole story of the quest to understand Earth's magnetism – from the fascination of ancient Greeks with magnetised rocks, to the mad geniuses who became obsessed with solving the mystery – and the astonishing modern discoveries that finally cracked it.

"A great read which will leave you marvelling at the wonder of the world in which we live" **BILL MC ELHINNEY,**
Saturday Express



Available now

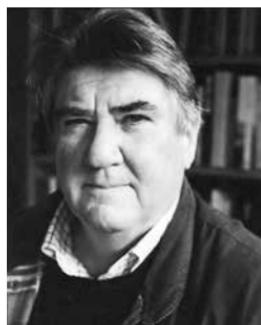
RRP \$40 paperback
RRP \$20 ebook
includes index & illustrations
print 978-0-9582750-0-2
epub 978-1-927249-10-9
mobi 978-1-927249-11-6

Peter Graham So Brilliantly Clever

Parker, Hulme and the Murder that Shocked the World

Peter Graham worked for 30 years as a barrister in Hong Kong before returning to New Zealand to pursue a career as a crime writer. His first book *Vile*

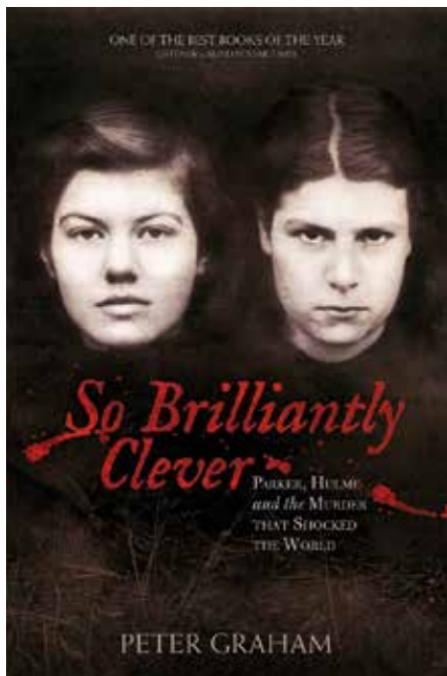
Crimes, about a notorious poisoning case, was praised by *The New Zealand Herald* as “murderously good ... a pacy narrative and a study in pathological selfishness”. He is currently writing about an infamous murder in 1920s Ireland.



On a winter's day in 1954, teenage friends Juliet Hulme and Pauline Parker went for a walk in a park with Pauline's mother. Half an hour later the girls returned alone. Honorah Parker lay in a sea of blood on a lonely track. She had been savagely murdered. With the girls quickly arrested, the story made shock headlines around the world. Were these brutal killers insane or simply evil? Lawyer and crime writer Peter Graham gives a page-turning account of the crime and ensuing trial, and reveals the strange lives of Parker and Hulme since their release from prison. This matricide remains one of the most bizarre crimes of all time: in the 1990s the best-selling murder-mystery writer Anne Perry was unmasked as the former Juliet Hulme. The story inspired Peter Jackson's acclaimed movie *Heavenly Creatures*.

*Shortlisted for
2012 New Zealand Post Book Award
for Non-fiction*

Why could Mother not die? Dozens of people are dying all the time, thousands, so why not Mother? PAULINE PARKER,
February 14, 1954



Available now

RRP \$42 paperback

RRP \$21 ebook

includes index & photographs

print 978-1-877551-12-3

epub 978-1-877551-47-5

mobi 978-1-877551-48-2

Jim Flynn

Modern World Trilogy

The First Two Volumes

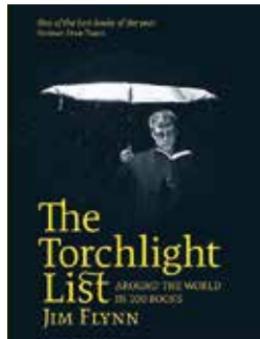
Jim Flynn is emeritus professor of politics at the University of Otago, an Honorary Doctor of Science, recipient of a Gold Medal for Distinguished Career Research, and a Fellow of the Royal Society of New Zealand. He has been profiled in *Scientific American* for his groundbreaking research on human intelligence and IQ which led to the "Flynn effect".

His other books include *Where Have All the Liberals Gone?* and *Are We Getting Smarter?*



The Torchlight List

Around the World in 200 Books



A professor for over 40 years, Jim Flynn found fewer and fewer of his students were in love with reading. This inspired him to create the definitive list: books so wonderful to read, and so revealing about times and places, that they make learning enjoyable and effortless. Flynn begins by offering five novels he believes will convince anyone to make reading a habit, including one that may change your life.

Available now

RRP \$33 paperback with gatefolds

RRP \$16.50 ebook

includes index

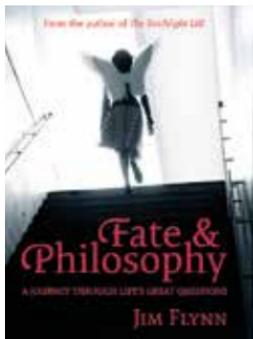
print 978-0-9582916-9-9

epub 978-1-877551-18-5

mobi 978-1-877551-53-6

Fate & Philosophy

A Journey Through Life's Great Questions



Jim Flynn looks at the moral ideals, attitudes and religious beliefs that affect our everyday lives, and the often difficult choices we have to make. This is an exhilarating introduction to philosophy and a stunning exploration of the challenges that 21st-century science – from brain research to the discovery of dark matter in the universe – pose to long-held philosophic beliefs.

Available now

RRP \$33 paperback with gatefolds

RRP \$16.50 ebook

includes index

print 978-1-877551-32-1

epub 978-1-877551-43-7

mobi 978-1-877551-44-4

Lindsay Shelton

Dancing with Hollywood

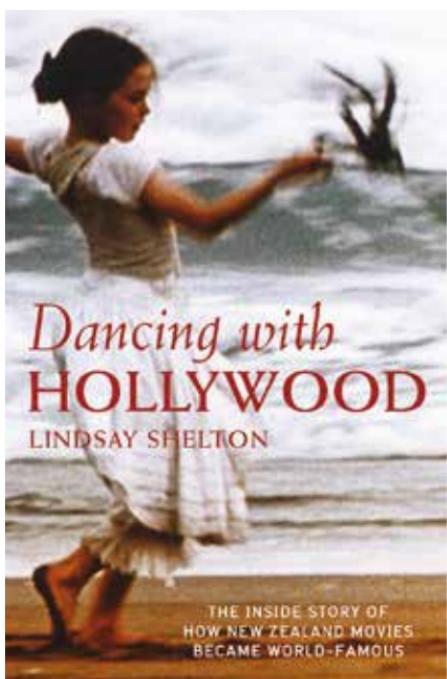
How New Zealand Movies Became World-Famous

Lindsay Shelton is a journalist and columnist. He founded the Wellington Film Festival, spent 22 years on the frontline with the New Zealand Film Commission, and was a founding member of the trust formed to save and restore Wellington's 1920s picture palace, the Embassy Theatre. The theatre hosted the world premiere of *The Return Of The King*, third in *The Lord Of The Rings* trilogy, in 2003, and of *The Hobbit* in 2012.



Twenty years ago hardly anyone outside of New Zealand had heard of that country's movies. Did they even exist? Today there has been a seismic shift. New Zealand movies are known and celebrated in the world's film capitals. Many enjoy large global box office and feature in prestigious film festivals. New Zealand actors and directors are sought after by Hollywood, and overseas production companies are increasingly coming to New Zealand to make their own films. How on earth did this happen?

Updated from Shelton's landmark book *The Selling of New Zealand Movies*, and available as an ebook only, *Dancing with Hollywood* includes a complete filmography of films made and/or filmed in New Zealand.



"The birth of modern New Zealand film-making, told with verve and style. A treat" DONNA GIGLIOTTI, producer of the Academy-Award-winning *Silver Linings Playbook*

August 2013

RRP \$15 ebook
includes index & photographs
epub 978-1-927249-00-0
mobi 978-1-927249-01-7



Nick Bollinger 100 Essential NZ Albums

Music-lovers love lists, and this Top 100 from Radio New Zealand's highly respected music guru Nick Bollinger does not disappoint. As his legions of fans know, Bollinger's taste is eclectic: he's as likely to give space to the Axemen as to Bic Runga. His choices come accompanied by some of the most entertaining writing about music and musicians you're ever likely to read.

Nick Bollinger is the author of the bestseller *How to Listen to Pop Music*. He is the *New Zealand Listener* music columnist and presenter of Radio New Zealand's *The Sampler*. He also plays bass for the Windy City Strugglers.



Hamish McDouall 100 Essential NZ Films

Film critic, Sale of the Century and Mastermind winner, and all-round modern Renaissance man Hamish McDouall spent several months in darkened rooms watching films to produce this fascinating and provocative selection. It encompasses feature films, short films, digi-films and documentaries. Yes, *The Lord of the Rings* and *Whale Rider* are here, but so too are *Kaikohe Demolition* and *Tongan Ninja*. The book includes details of where to get hold of these gems so you can watch them in your own darkened room.

Hamish McDouall, a lawyer and journalist, has written for *The Observer*, *New Zealand Listener* and *Public Address*.



Tom Hyde 100 Essential NZ Golf Holes

Indefatigable golfer and writer Tom Hyde travelled New Zealand from Houhara to Bluff, examining golf courses large and small, to produce this tantalising selection of 100 challenging golf holes. The criteria? Not just how a hole plays, but the stories associated with it. The 11th at Cromwell is not only a fine dog-leg, but is named for one of New Zealand golf's finest dogs. The 10th at Manaia is both one of the country's shortest par-fours and features a redoubt that recalls the Taranaki land wars of the 1880s. This striking book is a wonderful golfer's gift.

Tom Hyde is senior writer for golf magazine *The Cut*, a commentator on Radio Sport, and features editor of *World* magazine.

Available now

RRP \$40 paperback with gatefolds includes index & colour photographs print 978-0-9582750-3-3

Available now

RRP \$40 paperback with gatefolds includes index & colour photographs print 978-0-9582750-9-5

Available now

RRP \$40 paperback with gatefolds includes index & colour photographs print 978-0-9582750-8-8

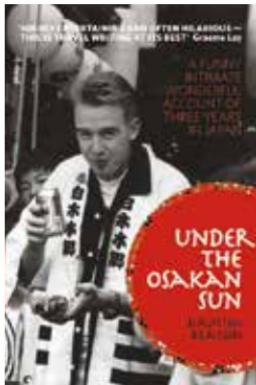
Hamish Beaton Under the Osakan Sun

Three Years in Japan

Hamish Beaton graduated in French and Japanese at Canterbury University, before living and teaching in Japan under the JET programme.

A young English teacher in Japan gets more than he bargains for – unruly students, oddball colleagues, porn-watching parents, young women with clothing fetishes, and an elderly couple who take him on dangerous expeditions. And that's just the start. Even more hilarious is his quest to find a girlfriend.

"Laugh-aloud funny and often moving, this book captivated me from the first chapter" *Destinations*



Available now
RRP \$35 paperback
RRP \$17.50 ebook
print 978-0-9582750-2-6
epub 978-1-877551-70-3
mobi 978-1-877551-51-2

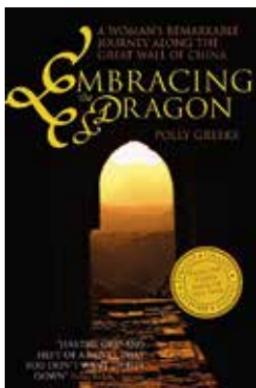
Polly Greeks Embracing the Dragon

A Woman's Remarkable Journey Along the Great Wall of China

Polly Greeks is a freelance journalist and travel writer. After China, she lived for a year in northern Iraq. She and her family are now building a home in a Northland forest.

After reporter Polly Greeks interviews a man whose goal is to walk the Great Wall of China, she decides to join him. The pair become lovers, and together trek 500 kilometres along the wall, but Greeks becomes increasingly unnerved by her volatile and unpredictable companion.

"A riveting travel memoir – Greeks is an exceptional writer" **JIM EAGLES**
New Zealand Herald



Available now
RRP \$30 paperback
RRP \$15 ebook
includes photographs
print 978-0-9582629-5-8
epub 978-1-877551-68-0
mobi 978-1-877551-64-2

Kathy Giuffre

An Afternoon in Summer

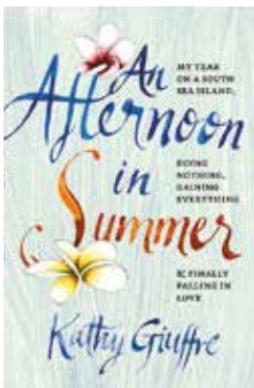
My Year on a South Sea Island

Kathy Giuffre holds a PhD from the University of North Carolina at Chapel Hill, is a professor of sociology at Colorado College and author of *Collective Creativity: Art and Society in the South Pacific*.

US university lecturer Kathy Giuffre decides to take her two young sons and flee to a remote South Pacific island for a year to escape her stressed-out life. She arranges accommodation, but when she arrives both the house and the agent renting it have vanished into thin air. Things can only get better.

"A delightful and refreshing read, brimming with sensuality and intelligence"

KAPKA KASSABOVA



Available now

RRP \$30 paperback
RRP \$15 ebook
print 978-0-9582916-8-2
epub 978-1-877551-20-8
mobi 978-1-877551-58-1

Graeme Lay

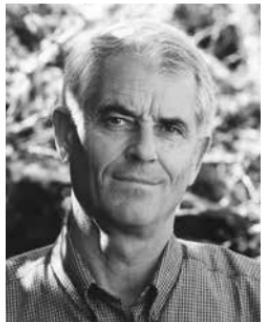
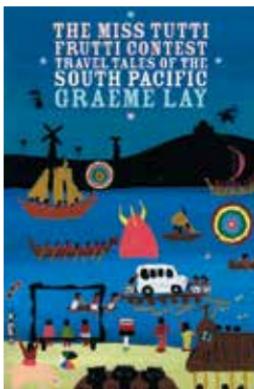
The Miss Tutti Frutti Contest

Travel Tales of the South Pacific

Graeme Lay has written or edited 40 works of fiction and non-fiction, including novels for adults and young adults, collections of short stories and books of travel writing.

An intrepid travel writer uncovers Paul Gauguin's secrets in Tahiti, is haunted by Herman Melville in the Marquesas, impersonates a missionary in Tonga, unearths the last days of Robert Louis Stevenson in Samoa, and more. Lay has an unerring ability for winking out intriguing characters.

"In the tradition of James A. Michener ... Highly entertaining"
GORDON MCLAUCHLAN



Available now

RRP \$30 paperback
RRP \$15 ebook
print 978-0-9582750-2-6
epub 978-1-877551-73-4
mobi 978-1-877551-60-4

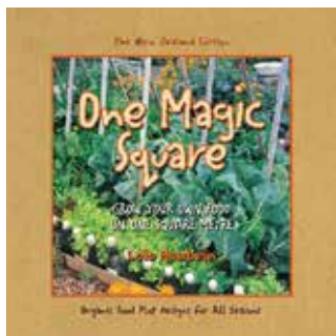
Lolo Houbein

One Magic Square

Grow Your Own Organic Food on One Square Metre

Lolo Houbein was a child in war-torn Holland, where her family survived through the food-growing skills of an uncle. In her twenties she emigrated to Australia. An award-winning novelist, Houbein lives in Adelaide, writing, running organic gardening courses and working in her garden.

This immensely enjoyable book has been a huge seller around the world, and here for the first time is a special New Zealand edition. Whether you have no idea how to start a vegetable garden or are an experienced gardener looking for inspiration, you will love Lolo Houbein's down-to-earth approach and abundance of great inexpensive ideas.



Available now
RRP \$45 paperback
includes index & colour illustrations
print 978-1-877551-02-4

Harvey McQueen

This Piece of Earth

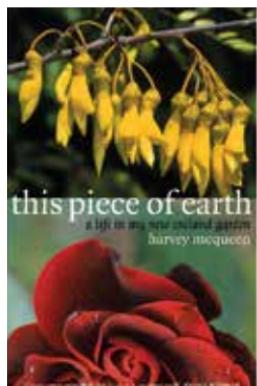
A Life in My New Zealand Garden

Harvey McQueen was born in Little River, Banks Peninsula, and educated at Akaroa District High School, Christchurch Boys' High School and Canterbury University. Co-editor of *The Penguin Book of New Zealand Verse*, he published eight volumes of poetry. He died on Christmas Day, 2010.

In this enchanting memoir, Harvey McQueen – plantsman, poet, teacher and cook – interweaves stories from his fascinating life with the seasons of his garden and mouthwatering recipes from his home kitchen. *This Piece of Earth* is a rich celebration of a life lived well.

"The most charming book I have read in a long time"
Michele Hewitson,
New Zealand Herald

Available now
RRP \$17 ebook
epub 978-1-877551-17-8
mobi 978-1-877551-52-9



INDEX OF TITLES

- An Afternoon in Summer **31**
- The Amazing World of James Hector **24**
- Antarctica Cruising Guide **23**
- The Awa Book of New Zealand Science **22**
- The Awa Book of New Zealand Sports Writing **19**
- Bunny **7**
- The Catch **4**
- Civilisation **12**
- The Colour of Food **11**
- Dancing with Hollywood **28**
- The Devouring Dragon **2**
- The Elegant Universe of Albert Einstein **24**
- Embracing the Dragon **30**
- Everyday Cycling in Aotearoa New Zealand **21**
- Fate & Philosophy **27**
- Fish of the Week **12**
- Flatter's Survival Guide **8**
- How to Catch a Cricket Match **17**
- How to Catch a Fish **16**
- How to Drink a Glass of Wine **16**
- How to Gaze at the Southern Stars **17**
- How to Hear Classical Music **18**
- How to Listen to Pop Music **17**
- How to Look at a Painting **17**
- How to Pick a Winner **17**
- How to Play a Video Game **18**
- How to Read a Book **17**
- How to Sail a Boat **18**
- How to Watch a Bird **16**
- How to Watch a Game of Rugby **16**
- An Indescribable Beauty **15**
- Lake Taupo Cycle Challenge Guide **20**
- The Miss Tutti Frutti Contest **31**
- Naked Antarctica **22**
- North Pole, South Pole **25**
- Old Bucky & Me **5**
- 100 Essential New Zealand Albums **29**
- 100 Essential New Zealand Films **29**
- 100 Essential New Zealand Golf Holes **29**
- One Magic Square **32**
- The Owl that Fell from the Sky **14**
- Roosters I Have Known **12**
- Sarah Vaughan Is Not My Mother **6**
- Smoking in Antarctica **12**
- So Brilliantly Clever **26**
- This Piece of Earth **32**
- The Torchlight List **27**
- Tragedy at Pike River Mine **3**
- The Transit of Venus **24**
- Under the Osakan Sun **30**
- Vinacular **10**
- The Whole Cyclist **20**



AWA PRESS

STREET ADDRESS

Unit 1, Level 3, 11 Vivian Street
Te Aro
Wellington 6011
New Zealand
phone: +64 (4) 471-1834
www.awapress.com

POSTAL ADDRESS

PO Box 11-416
Wellington 6142
New Zealand

PUBLISHER & EDITOR-IN-CHIEF

Mary Varnham
editorial@awapress.com
mobile: +64 27-434-1471

ASSOCIATE PUBLISHER

Sarah Bennett
production@awapress.com
mobile: +64 21-544-493

PRODUCTION

Kylie Sutcliffe
production2@awapress.co.nz
mobile: +64 27-313-2459

PUBLICITY & SALES

publicity@awapress.com
sales@awapress.com
phone: +64 (4) 471-1834

RIGHTS & PERMISSIONS

info@awapress.com
phone: +64 (4) 471-1834

NEW ZEALAND SALES

& DISTRIBUTION

Penguin Group (NZ)
67 Apollo Drive
Rosedale, Auckland 0632
phone: +64 (9) 442-7410
customer.service@penguin.co.nz

AUSTRALIA SALES

& DISTRIBUTION

United Book Distributors
30 Centre Road
Scoresby, Victoria 3179
phone: +61 (3) 9811-2555
orders@unitedbookdistributors.com.au

USA, CANADA & SOUTH AMERICA

SALES & DISTRIBUTION

Independent Publishers Group
814 North Franklin Street
Chicago, Illinois 60610
phone: +1 (312) 337-0747
frontdesk@ipgbook.com

UK & EUROPE AGENT

Louisa Pritchard
Flat 5, 81 Battersea Church Road
London SW11 3LY
phone: +44 (20) 7193-7145
info@louisapritchard.co.uk

CHINA, MALAY, INDONESIA, VIETNAM & THAILAND AGENT

Big Apple Agency, Inc.
Zhongshan Bei Road, No 883, 3F
Zhangbei District, Shanghai 200070
PR China
phone: +86 (21) 6658-0055
bigapple-china@bigapple-china.com